



**Douglas County Senior Advisory Council
Meetings & Minutes
Douglas County Senior Center
1329 Waterloo Lane, Gardnerville, NV 89410**

Phone: 775-783-6455

FAX: 775-783-6457

The regular meeting of the **DOUGLAS COUNTY SENIOR SERVICES ADVISORY COUNCIL** was held on Monday, **May 9, 2016** at the Douglas County Community and Senior Center, 1329 Waterloo Lane, Gardnerville, Nevada 89410.

Bob Cook – Chairman
Kevin Servatius – Vice Chairman
Tom Ingham- Council Member
Felix Lockwood- Council Member
Michael Olson-Council Member
Doug Sonnemann-Council Member
Andrea Rajeski - YAH Representative
Travis Lee- Staff Representative
Scott Morgan -Staff Representative
Liz Baumgartner- Staff Representative

Absent: Kevin Servatius

Public Attendees: None

County Board of Commissioners Present: None

1. Call to order at 8:17 AM and the Pledge of Allegiance was led by Staff Representative Liz Baumgartner.

2. Approval of May 9, 2016 Agenda:

MOTION: Doug Sonnemann made a motion for the approval of the May 9th agenda.

SECOND: Tom Ingham

DISCUSSION: None

OPPOSED: None

ACTION: Approved.

3. Approval of April 11, 2016 Minutes:

MOTION: Felix Lockwood a motion for the approval of the April 11th meeting minutes.

SECOND: Andrea Rajeski

DISCUSSION: None

MAILING ADDRESS: P.O. Box 218, Minden NV 89423

OPPOSED: None
ACTION: Approved

4. Public Comment:

There was no public comment.

5. For Possible Discussion: Update by Travis Lee on Grants.

Staff Representative Travis Lee reported that the grant cycle is still in full swing. In regards to Congregate Dining, Travis Lee has applied for an Aging and Disability C1 grant (\$73,000) and a C2 grant (\$83,000+) in are that are due in June.

6. For Possible Discussion: Update by Travis Lee on Community & Senior Center Programs.

Travis Lee also said that the name of Meals on Wheels is a trademarked name so our Douglas County program is calling Home Delivered Meals Program.

Travis announced that the May 7th Big Mama's Show and Shine Car Show was cancelled due rain. This was the first time the show has ever been cancelled. August 20th is the tentative rescheduled date.

Council Member Felix Lockwood suggested to keep Big Mama's low key and not make it a big car show and to also ask the participants to come up with a new name for the August show.

Travis Lee reported that Director Morgan said that there are to be no blinds or shade on the Ranchview activity room windows.

Travis Lee reported that 300 lunches were served at the Mother's Day luncheon on May 6th at the Douglas County Senior Center.

7. Correspondence: No action will be taken on these items.

Chairman Bob Cook said that a clock is needed in the Carson Valley Medical Conference room.

Bob Cook reported that the Tahoe seniors are doing good. He said that 90% of the group is from California and that membership is down from 200 to 146 members. He also said that the current president is 84 years old and lives in Tahoma. Bob said that congregate dining at Kahle would be nice even if it's 1 or 2 times a week.

Travis Lee said a strategic nutrition plan is being worked on for the Kahle seniors. He suggested to the Senior Services Advisory Council board members to try and join the Tahoe seniors when they do their monthly luncheon on the 2nd Wednesday of the month at 11:30am.

Travis Lee also suggested for the Council to do a lunch with the North County seniors at the Indian Hill General Improvement District as they have 55 seniors in their group.

Council Member Doug Sonnemann suggested the Old Station #12 for an alternative for the North County seniors to have their lunches.

Travis Lee noted that County staff has been encouraged to eat lunch in the dining room with the seniors. If staff does this then they would be charged \$3 which is what the seniors pay. If they choose to take food out of the dining room and eat elsewhere then staff would be charged \$7.

Travis Lee announced that TRIAD will be meeting on Friday May 13th at 11AM in the Carson Valley Medical Center Conference room. Highlights will be noted on the successes of Senior Services, Douglas County Sheriff's Office and East Fork Fire & Paramedic District working together.

Young at Heart (YAH) Representative Andrea Rajeski said that the YAH Breakfast event is on the morning of June 18th here at the Senior Center Grandview Dining Room.

8. Requests for Possible Future Agenda Items:

Felix Lockwood requested to look at room improvements in the Community & Senior Center especially the North and South Activity rooms.

Doug Sonnemann asked about meal rates for children and Travis Lee agreed that this should be on the next agenda.

Bob Cook inquired about indigent seniors and congregate dining for the next agenda too.

9. Adjournment

MOTION: Andrea Rajeski

SECOND: Tom Ingham

DISCUSSION: None

OPPOSED: None

ACTION: Approved

Meeting adjourned at 9:17 AM.